

## **Tuesday Big Book SLAA meeting**

Tisdagar 20:00-21:00

Zoom id: 94064700735

Passcode: unselfish

<https://zoom.us/j/94064700735?pwd=RC8ya3B5WmJHRndmZFKRzd4Q0Evdz09>

Om du vill ringa in till mötet: 08-50 539 728

Meeting ID: 940 6470 0735

Passcode: 960213321

Har du några frågor är du välkommen att maila oss! [slaa.bb.tue@gmail.com](mailto:slaa.bb.tue@gmail.com)

För att inkludera så många som möjligt pratar vi engelska i mötet men det går bra att skriva till oss på svenska.

### **Welcome to 'No longer running the show' Big Book meeting of Sex and Love Addicts Anonymous**

This is a Twelve Step, Twelve Tradition-oriented S.L.A.A meeting based on the model pioneered by Alcoholics Anonymous. The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. S.L.A.A. is supported entirely through contributions of its membership and is free to all who need it.

We meet every Tuesday evening from 20:00-21:00, the room opens 10 minutes prior and is kept open 15 minutes after the meeting for fellowship and for those who have questions or are looking for a sponsor. The meeting is in English but you will be able to connect with other swedes in and after the meeting if you wish.

Our primary purpose is to connect untreated sex and love addicts to recovered addicts who guide newcomers through the Twelve Step program described in the Big Book of Alcoholics Anonymous. We substitute terms and phrases related to alcoholism to include sex, love, lust, relationship, and/or codependency addiction. Cross talk is permitted, but only as a response to personal experiences and answers found in the AA Big Book.

We open the meeting with a moment of silence followed by the serenity prayer.

***“God, grant me the serenity, to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.”***

A recovered sex & love addict shares their experience, strength and hope from working the 12 steps for Sex and love addiction (& anorexia) from the AA big book. And the meeting is then open for shares. We shall be interested to hear from those who are getting results from this book, particularly those who have commenced work with other addicts. We substitute terms and phrases related to alcoholism to include sex, love, lust, relationship, and/or codependency addiction.

If you are looking for a solution, you're in the right place!

**For the newcomers:** We are here for you! We are so happy you've joined. If you have decided you want what we have and are willing to go to any length to recover, then you are ready to take certain steps.

To work with someone who has recovered - a sponsor - someone who can show you 'how it works - stay after the meeting for any questions and get connected to one!

*The opinions expressed in the meetings are strictly those of the person who gave them. Take what you like and leave the rest. Anonymity is the spiritual foundation of our program. Whom you see here, what you hear here, when you leave here, let it stay here.*

*We conclude the meeting with the Third Step Prayer, which can be found on page 63 of the AA big book.*

***“God...I offer myself to Thee - to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I might better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always.”***